

Tel: 13 4CYTE 13 42983

# How do I ensure I get the Thyroid function tests I need?

l get S

Medicare has stipulated a number of pre-qualifiers for a Medicare rebate for T3 and T4 tests (see MBS item 66719)

## **SCENARIO 1**

CLINICIAN REQUESTS "TFT" or "TSH+T3+T4" or "TSH+T4"

AND

**Clinician writes Complying Clinical Note** 

#### THEN

**Laboratory ALWAYS reports** TSH and T4 (and T3 if TSH is low).

### Medicare categories of "Complying Clinical Note" that qualify for full TFT include:

- a) Monitoring thyroid disease (eg: Hashimoto's, Graves', thyroiditis, MNG, thyrotoxicosis etc).
- b) Investigating infertility (eg: PCOS, amenorrhoea, miscarriage, IVF).
- c) Suspected pituitary dysfunction (eg: adenoma, prolactinoma).
- d) Investigating dementia/psychiatric illness
  (eg: Alzheimer's, dementia, bipolar, depression etc).
- e) Medications that interfere with thyroid metabolism (eg: lithium, carbamazepine, thyroxine, PTU, prednisone, prednisolone, dilantin, valproate, phenytoin).

### **SCENARIO 2**

CLINICIAN REQUESTS "TFT" or "TSH+T3+T4" or "TSH+T4"

AND

**Clinician DOES NOT write Complying Clinical Note** 

THEN

**Laboratory reports** the TSH but **ONLY** reports on the T4 +/- T3 if the TSH is abnormal.

#### **SCENARIO 3**

#### CLINICIAN REQUESTS "TSH" only.

THEN

**Laboratory only reports TSH** (even if the TSH is abnormal).