

Patient instructions for Mid-Stream Urine Collection Micro & Culture - Male

- 1** Label urine container with your Full Name, Date of Birth, Date and Time of Collection.
- 2** Wash hands.
- 3** Remove the lid from the urine container, taking care not to touch the inside of the lid or the inside of the container.
- 4** Place the lid of the container with the inside of the cap face up.
- 5** Open the water wipe. Retract the foreskin (if present) and use the water wipe to clean the entire head of the penis.
- 6** Begin to pass urine into the toilet.
- 7** Bring the urine container into the urine stream and collect a “midstream” specimen. Fill the container approximately ½ full.
- 8** Finish urinating into the toilet.
- 9** Secure the lid on the container firmly without cross threading to avoid leakage.
- 10** Deliver the sample to the collection Centre as soon as possible. If delayed keep the sample refrigerated.